



October 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Plan to get up early and help make breakfast!
2 Play a board game with a grown up.	3 Read a book about fall colors and why leaves change.	4 Make a fort out of your couch cushions, pretend you are a pirate!	5 Rent a yoga video for kids, twist your body all around!	6 Help rake leaves	7 Write a postcard to a relative that lives far away!	8 See if you can recite your address and phone number
9 Take a bath and do some floating experiments with foil boats.	10 Columbus Day Learn a poem about Columbus!	11 Can you say the days of the week in a row? How about months?	12 Play simon says and try to fool your friends.	13 Ask a grown up to read to you, then draw a picture of what you heard.	14 Ride your bike all around!	15 Plan your Halloween costume if you celebrate.
16 Use sidewalk chalk, write the ABC's or numbers	17 Dance to spooky music!	18 Cut pictures out of a magazine that you like.	19 Play a video game with a grown up.	20 Go for a nature walk. See what you find!	21 Play tag with a friend at school.	22 Help make scrambled eggs, beat them up!
23 Draw a picture of a haunted house or a pumpkin patch.	24 Lay in bed in the dark and make the alphabet with a flashlight on the ceiling.	25 Tell someone about your life and what you want to be someday.	26 Walk heel to toe all over your house, have your family do it!	27 Count how many pencils you have in your house!	28 Make up a song about Halloween.	29 Play with a pet, feed them, love them.
30 Read the Sunday comics with a grown up.	31 Halloween Be safe with treats!					